

Trek West USA Connect

PROGRAM ITINERARY



We have provided the following sample itinerary to give you an idea of what this travel experience is all about. The actual itinerary may vary slightly. A formal itinerary, including a list of confirmed accommodations will be sent to you 4-6 weeks prior to the start of the program.

DAY #1 / Wednesday / Arrival in San Francisco

- Pick-up at San Francisco airport and transfer to accommodations in Berkeley
- Program orientation and icebreakers on the campus of UC Berkeley
- Evening: Group night out at Fenton's Creamery in the East Bay
- Overnight: Overnight: UC Berkeley Dormitories – Berkeley, CA

DAY #2 / Thursday / San Francisco

- Tour of historic Alcatraz prison and explore Fisherman's Wharf in San Francisco
- Sip traditional tea in the Japanese Gardens at Golden Gate Park
- Ride cable cars down Lombard Street and experience the Seward Street Slides
- Evening: Take in a Major League Baseball game!
- Overnight: UC Berkeley Dormitories – Berkeley, CA

DAY #3 / Friday / Marin County

- Walk across the Golden Gate Bridge to the Marin Headlands
- Take part in a native species restoration project
- Hike among the Red Wood trees of Muir Woods and view of the region from Mt. Tamalpais
- Afternoon at "Exploratorium" – Not Just a Museum!
- Return to Berkeley to prepare for a Shabbat on campus
- Attend Kabbalat Shabbat service at local synagogue in Berkeley
- Overnight: UC Berkeley Dormitories – Berkeley, CA

DAY #4/ Saturday / Shabbat in Berkeley

- Shabbat morning program
- Guided tour of the University of California, Berkeley campus
- Relaxed afternoon on campus
- Evening: Group night out on the Wharf
- Overnight: UC Berkeley Dormitories – Berkeley, CA

DAY #5 / Sunday / Sierra Nevada Mountains

- Begin travel across California to Tahoe
- Tour the Jelly Belly factory
- Stop at the California State Railroad Museum in Sacramento
- Pan for gold in the Sierra Nevada Mountains
- Overnight: South Lake Tahoe, CA

DAY #6 / Monday / Lake Tahoe

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- Paddle surfing and kayaking on Lake Tahoe
- Tour of the Squaw Valley Winter Olympic sites
- Take cable cars up to Squaw Valley's Swimming Lagoon at 8200 feet
- Overnight: South Lake Tahoe, CA

DAY #7 / Tuesday / Half Dome

- Travel to Yosemite with stops en route at Fales Hot Springs and Mono Lake
- Nature walk to the base of Half Dome in Yosemite
- Overnight: Yosemite National Park, CA

DAY #8 / Wednesday / Yosemite National Park

- Day hike up the Mist Trail to the backside of Half Dome
- Return to the Yosemite Valley for evening Ranger led activities
- Overnight: Yosemite National Park, CA

DAY #9 / Thursday / Travel to Zion National Park

- Travel to Zion National Park across the Nevada Desert
- Evening: Stargazing in the desert sky
- Overnight: Ponderosa Ranch, Utah

DAY #10 / Friday / Bryce National Park

- Travel to Bryce National Park in Utah
- Hike along the rim of Bryce Canyon
- Return to the ranch – Horseback riding and other ranch activities
- Kabbalat Shabbat overlooking Zion National Park
- Overnight: Ponderosa Ranch, Utah

DAY #11 / Saturday / Shabbat on the Ranch

- Shabbat morning program
- Pool time, sports, and relaxed afternoon at the Ranch
- Havdallah ceremony – Start of a new week
- Overnight: Ponderosa Ranch, Utah

DAY #12 / Sunday / Zion National Park

- Visit to the Best Friends Animal Society – Sanctuary to the Michael Vick pit bulls
- Moqui Caves – Ancient carvings of the native Anasazi People
- Journey southwards to the Grand Canyon
- Overnight: Grand Canyon Lodge, Arizona

DAY #13 / Monday / Grand Canyon

- National Geographic Visitor Center & IMAX Movie

BBYO PASSPORT

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- Rim hike along the edge of the Grand Canyon
- Overnight: Grand Canyon Lodge, Arizona

DAY #14 / Tuesday / Arizona Backcountry & Sedona

- Travel to Sedona and explore Slide Rock State Park
- Whitewater rafting trip down the Salt River
- Closing session and final night out at Dave & Busters in Phoenix
- Overnight: Scottsdale, Arizona

DAY #15/ Wednesday / Farewell!

- Return flights depart from Phoenix Sky Harbor Airport