



The BBYO Delegation
MARCH OF THE LIVING
Pre-Trip Info / April 27 – May 11, 2011



Welcome to the 2011 March of the Living. Each spring, BBYO sends a national delegation of North American teens on the March of the Living – joining some ten thousand participants from over 60 countries. We are very proud to be the only national youth group to consistently participate in the March of the Living since its first year in 1988.

The goal of the March is to educate Jewish teens beyond textbook study – teaching the richness of our past, keeping that past alive, and perpetuating our Jewish future. Studies have determined that past participants maintained their level of commitment – returned to Israel, sought Jewish life on college campus, were active in human right causes, continued their Jewish studies, and married within the Jewish faith. In other words, participating in the March of the Living can be a highly powerful and transformative experience. *Of course, we have a lot of fun, too – we are on a journey to celebrate life.* Thank you for being a part of our delegation, and please take the time to read all of the important details in this manual designed to help prepare you for the journey ahead.

Sherrie Stalarow, Program Director

I. ABOUT THE GROUP

GROUP ORGANIZATION

We are expecting to welcome approximately 130 teens and several adult participants as well. We will be traveling as four bus groups this year – each with its own staff team of Jewish professionals and leaders. All BBYO buses travel together, have meals together and stay in the same hotels. The only separate group time is during debriefings and other small group activities. No one is forced to talk; some choose to write their thoughts in journals or use art to express their feelings. Committees will be formed on each bus for loading and unloading luggage, food distribution, clean-up, wake-up, etc. Birthdays during the trip will be recognized.

Note: If you have not already done so, please let us know who you wish to travel with on the March of the Living. Ultimately, BBYO staff are solely responsible for making bus assignments, and special requests can not always be honored.

GROUP STAFF

Each bus group will be accompanied by two professional staff from North America. In Poland we will be joined by a local guide and in Israel will travel with an Israeli guide/educator. In both Poland and Israel we will always travel with a dedicated security escort. Finally, our overall BBYO delegation will be joined by several Survivors and by Sherrie Stalarow, the longstanding Program Director of BBYO's March of the Living delegation.

SECURITY POLICIES



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Security is government-licensed in both Israel and Poland. All of the destinations on our itineraries are checked thoroughly before each arrival for appropriateness. Buses are privately chartered and locked when not in use. Naturally, there will be limitations on free time during the program as well.

TRAVELING ON A GROUP PROGRAM

By registering for a BBYO Passport experience you are making a commitment to fully participate in a group travel program with a demanding schedule. In order to ensure the success of the experience for everyone, we expect you to stay on the schedule and contribute to the positive group dynamics of your traveling community. Although the program is intensive and has necessary limitations on free time, there is plenty of room for personal exploration, shopping, and relaxation. Israeli family and friends are welcome to visit you during Shabbat so long as it is cleared in advance of the trip directly with Sherrie Stalarow, the Program Director.

FORMAL PROGRAM ITINERARY

Final confirmed itineraries with all relevant hotel contact information will be posted online and emailed to you approximately four weeks prior to your departure date. In the meantime, the projected itinerary is included at the end of this document. Please note that even the confirmed itineraries will be subject to some change on the ground. We will do our best to notify parents and participants in advance if changes are necessary.

II. PASSPORT & VISA INFORMATION

Please check today to make sure that you know where your passport is and that it is not expired or about to expire. Your passport must be valid for at least six months from the start of the program. Make sure today that your passport does not expire before December 2011. If your passport expires within six months of your arrival date in Israel, you may not be granted entry. So, please start the renewal process today. Information about ordering a passport can be found at http://travel.state.gov/passport/passport_1738.html

If you are traveling to Israel on a USA, Canadian, or European Union member country passport, you do not need a visa to enter Israel or Poland. If you are traveling on a passport from another country (e.g. Russia, Ukraine, etc.), you may need a visa to enter Israel. Our office is able to provide you with an official ticketing confirmation letter to assist with the issuing of any required visas or passport extensions.

Finally, please remember that we ask that you send to us a photocopy of the inside cover of your passport by fax, mail, or scan/email. You should also plan to carry a second copy of your passport with you at all times during the trip. In Israel, we will hold onto your actual passport for safekeeping in our Israel office while you are on the road. We recommend that you keep this passport copy in your wallet or in a light backpack at all times while in Israel.



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III. GROUP FLIGHTS & TRAVEL GUIDANCE

GROUP FLIGHT INFORMATION

The following are confirmed flight arrangements for our delegation:

- FLIGHT FROM NEW YORK

We are scheduled to depart for Poland from JFK Airport in New York City on April 27th at 5:40pm EST on EL AL Airlines. We will be hosting an orientation session in the airport at 1:00pm EST (exact meeting details to follow). If you are planning to fly to JFK Airport on the day of departure, be sure to arrive no later than 12:00pm EST. Better still, we recommend arriving the night before on April 26th. An optional supervised hotel stay-over will be made available for those who wish (details below).

- FLIGHT TO NEW YORK

We are scheduled to arrive back to JFK Airport at 5:30am EST on May 11th. If you are scheduling a connecting flight, be sure it departs no earlier than 8:30am EST from JFK Airport (or 9:30am from LaGuardia Airport).

We will be traveling on chartered EL AL flights, so please keep in mind that the above schedule is subject to some change, and we recommend planning your travel to/from JFK Airport with a conservative buffer of time.

SCHEDULING YOUR CONNECTING TRAVEL

Participants are responsible for making their own connecting travel plans to JFK Airport, and we encourage you to arrange your travel logistics as far in advance as possible. If you are flying into New York, it is best to choose a flight that connects directly to JFK Airport. There are eight different terminals at JFK Airport. Unfortunately, BBYO Passport staff will not be able to greet participants at each individual arrival terminal, However, a JFK Airport monorail train called "AirTrain" easily connects all of the terminals to one another. If you are planning to fly into LaGuardia Airport, a regular shuttle service to JFK Airport is available throughout the day (every 30 minutes). It can take up to 60 minutes to connect between airports. The LaGuardia-JFK shuttle bus is well marked immediately outside of the baggage claim area of LaGuardia. Taxi service is also available from an official dispatch stand located just outside the baggage claim area. For those participants arriving at Newark Airport, private shuttle service to JFK Airport is available but should be coordinated in advance. Regular taxi service is also available. If you are arriving to New York by train, subway service connects New York's Grand Central Station and Penn Station to JFK Airport. For additional details, we suggest that you consult the NYC metro area airport web sites directly:

JFK Airport: <http://www.panynj.gov/aviation/jfkframe.HTM>

LaGuardia Airport: <http://www.panynj.gov/aviation/lgaframe.HTM>



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Newark Airport: <http://www.panynj.gov/aviation/ewrframe.HTM>

CONNECTING FLIGHT DELAYS ON DEPARTURE DAY

Thunderstorms in the New York City area are common in the spring, and they can result in delayed or canceled flights. If you are coming to New York from out of town on a connecting flight, we highly recommend that you plan to arrive at JFK Airport with plenty of time to spare. If you have family or friends in New York that you can visit with, we even recommend leaving yourself an extra cushion by arriving at least 24 hours ahead of the program departure date. Of course, in the event that your flight is delayed on departure day, we will not leave you behind! As the program approaches, we will provide you with emergency contact phone numbers in North America as well as abroad. If there is a delay, alert us immediately. In a worst-case scenario we will make sure that a staffer is available to stay with a participant who misses their group flight until the next available flight. Although we can not promise that the replacement flight will be chaperoned, our staff will be ready and waiting in the arrival country airport. All of this is a worst-case scenario, and we ask that you plan your connecting travel conservatively.

SUBMITTING YOUR CONNECTING TRAVEL PLANS

In order to assist us in tracking your arrival on the day of departure and to assist you once we return back to North America, we ask that you let us know about your connecting travel plans by logging back into your registration at <http://passport.bbyo.org/destinations/tripbuilder/> and completing the connecting travel section online.

MEETING THE GROUP AT THE AIRPORT

On the day of departure, participants are asked to arrive to Terminal 4 at JFK Airport five hours ahead of the departure time for a program orientation and icebreakers at 1:00pm EST. As the date draws nearer we will be sending you more specific instructions. We will also be sending you a BBYO Passport to the World t-shirt in advance, and we ask that you wear it to the airport so that we can better identify you. BBYO Passport staff will be on hand in Terminal 4 six hours prior to departure to greet participants who arrive early. Our staff will be wearing clearly marked staff t-shirts and will be greeting participants as they enter the departure terminal area. So please look out for our staff as they will be looking for you. Back-up cell phone numbers will be distributed closer to departure in case a participant has difficulty finding our staff.

Once joined up with the group, participants will be given a lanyard/name tag, which we ask everyone to wear throughout the program. Following ice-breakers and a mini program orientation, we will check in as a group and then prepare to board the plane. There will be some free time to buy snacks in the JFK terminal prior to takeoff. Parents are welcome to accompany participants to the departure terminal until the start of the airport orientation session.

SUPERVISED AIRPORT HOTEL STAY-OVER



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A supervised hotel stay-over at JFK Airport's Hampton Inn will be available on the night of April 26th. The cost of the supervised hotel stay-over is \$140 per person and includes breakfast and dinner. Participants signing up for the hotel stay-over will be met at JFK Airport and escorted to the hotel. During the hotel stay-over, participants will NOT be permitted to leave the hotel to tour New York City or visit friends or family without specific written prior consent.

To book a JFK Airport hotel stay-over package, log back into your "My Trips" registration account at <http://passport.bbyo.org/destinations/tripbuilder>. You will see the option to add-on the JFK Airport Hotel Stay-Over. Be sure to pay the updated balance due on your account after you have selected this option. **The deadline to sign-up for a supervised hotel stay-over is March 15, 2011.**

RETURNING BACK TO NORTH AMERICA

For the return flight to JFK Airport in New York, participants can be expected to clear customs and baggage claim within approximately 60-90 minutes of the scheduled arrival time. BBYO Passport staff will be on hand to escort participants through baggage claim and customs upon arrival. Staff will not be available to escort participants to their connecting flight terminals, but they will direct participants to the AirTrain station which links the terminals at JFK Airport together and answer any questions they may have about getting to their flights. When scheduling a connecting flight, please allow for a buffer of three hours between flights at JFK Airport and a window of four hours if catching a connecting flight at LaGuardia Airport.

LUGGAGE RULES

The following are the basic luggage rules that we expect to apply for the March of the Living

- *Checked Luggage:* One checked bags at no more than 50 pounds each and no more than 62 inches each (length + width + height)
- *Carry-on Luggage:* One carry-on backpack

When deciding what kind of luggage to bring with you on the program, keep in mind that you will need to load your luggage on/off the bus on your own...and schlep it to your hotel room. So, please try to keep it manageable, and be sure to bring luggage on wheels if at all possible. We recommend sticking to one carry-on bag and one larger checked bag. More details on what to pack are included later in this manual. Finally, before packing, please review the updated restrictions listed by the TSA at <http://www.tsa.gov/travelers/airtravel/prohibited/permitted-prohibited-items.shtm>.

EXTENDING YOUR TICKET IN ISRAEL

If you plan on extending your stay in Israel beyond the end of the supervised program, please contact that the BBYO Passport offices immediately as we must coordinate this directly with the March of the Living. A group flight deviation fee may apply. We encourage you to make any such arrangements far in advance as booking a last-minute extension may be impossible.





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IV. COMMUNICATIONS ON THE TRIP

RENTING A CELL PHONE

A cell phone rental service is available to all BBYO Passport participants through our partner, IsraelPhones. We highly recommend signing up for a cell phone rental in advance of the trip as a way to stay in touch on the road. Since our trip staff has access to the cell phone numbers, it is also an important back-up communication tool for our staff.

The phone that works in Poland is delivered to your home prior to the program for a fee of \$15 and is collected in Israel at the end of the trip. Upon arrival in Israel the European phone will be exchanged at the airport for an Israeli phone. Both phone numbers will be provided to you in advance of the program. A fully refundable \$100 deposit applies. Exact service costs are as follows:

PHONE RATES IN ISRAEL (not including 16% VAT)	
Daily Rental Fee	FREE*
Incoming Calls	FREE
Calls to North America	39¢/min
Calls in your cellular network and to local landlines	19¢/min
Calls in Israel out of your cellular network	39¢/min
SMS in Israel in your cellular network	19¢ each
SMS in Israel to other cellular carriers & to N. America	39¢ each
PHONE RATES IN POLAND (no additional tax)	
Daily Rental Fee	\$1/Day
Incoming Calls	69¢/min
Incoming text messages	\$1.10/each
Outgoing calls to landlines and cell phones in the USA or Poland	\$1.39/min
Text messages to the USA or Poland	\$1.10 each
Delivery of Global Phones	\$15

*If you are extending your stay in Israel, an additional \$1/day charge applies.

Cell Phone Ordering Information



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Please complete your reservation at least 14 days prior to departure day via the secure online order form at: www.israelphones.com/bbyo-mol.htm.

If you have any further questions about your cellular phone rental, please contact IsraelPhones/Global Cellular at info@israelphones.com or 1-866-8ISRAEL (from the USA).

To receive your assigned number/s and toll free number in advance, log on to www.israelphones.com 1-3 business days before departure date. Select "my number" and insert your confirmation number. If you have any further questions about the mobile phone rental, please call the IsraelPhones office at 1-866-8ISRAEL or email info@israelphones.com.

BBYO Passport is not responsible for any lost or damaged phones, and we ask that all cell phone-related questions be communicated directly to IsraelPhones.

Cell Phone Use is a Privilege – Not a Right

BBYO Passport program staff regards cell phone use on the program as a privilege. Participants will NOT be allowed to use their phones during group programming time. Participants must exercise discretion when using the phones (i.e. respect sleeping roommates, etc.). If necessary, program staff reserves the right to suspend or even terminate a cell phone rental if usage privileges are abused.

FRIENDS & FAMILY UPDATES DURING THE TRIP

Our group will have its own private page on the BBYO Passport website where parents, friends, and family members can view pictures and read update messages from the road. The trip web page address will be released closer to the start of the program. Meanwhile, parents of participants automatically receive email notifications whenever new pictures are posted or with important trip updates from abroad. Additional friends and family members will be able to sign-up to receive these same updates by filling out the short online form at this link:

<http://passport.bbyo.org/enrolled/group/signup/>

EMERGENCY CONTACT INFORMATION

The BBYO Passport emergency phone number is 1-216-832-8059, and is handled by the Sr. Program Director, Lane Schlessel. The emergency number is ONLY meant for use in the event of a true emergency. To help alleviate any confusion about what is or is not an emergency, we have provided a few examples below:

Emergency Situations

- Family health emergency which requires immediate booking of a return flight home
- Urgent medical or safety situation

Non-Emergency Situations



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- Concerns about child's fatigue or social adjustment
- Requests for flight extensions
- Fax confirmation requests
- Request for children to be featured in online photos
- Security concerns in Israel (email updates will be sent in such scenarios)

Please keep in mind that all non-emergency issues should be channeled only through the North American office. If you have a question or wish to express any kind of general concern, feel free to call 1-800-698-1002 or e-mail us at info@passport2israel.org. Calls and emails will always be returned promptly. If necessary, the North American office staff will follow up directly with our team abroad.

V. MONEY ON THE TRIP

BRINGING EXTRA SPENDING MONEY

The group flight, sleeping accommodations, all meals, in-country transportation, basic health insurance, and all program activities are covered by the core program fees. The only spending that is your responsibility will be snacks, bottled water (although tap water is safe), souvenirs, gifts, hotel internet usage and laundry service. We estimate that \$200 is more than sufficient to cover all such expenses. Additionally, each participant will need to bring \$100 cash for tip money, to be collected in JFK on the arrival day.

There are a number of ways to bring money abroad:

ATM / Credit Cards

If you choose to use your personal ATM card or credit card, please keep in mind the following advice:

- If your ATM card has a Visa, MasterCard, Star, Cirrus, or Maestro logo imprint, there should not be problem withdrawing money. PLUS cards will not work in Israel. Other ATM network cards may work, but we encourage you to check with your local bank if you have any doubts.
- Some participants have experienced difficulty withdrawing money from savings accounts. We strongly recommend that ATM cards be linked to checking accounts only to prevent any potential difficulties in Israel or Europe.
- Major credit cards like VISA and MasterCard are also accepted throughout Israel. Holders of these credit cards may withdraw funds at the foreign currency counters of affiliated banks or at certain ATMs (expect high fees).

Cash Money

USA and Canadian dollars are not accepted abroad, so if you plan to bring cash with you, either plan to exchange it to local currency before you depart for the trip or at the airport upon arrival in Israel





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on in Europe. There will be very few opportunities to exchange funds during the trip itself. Bringing some back-up cash is a good idea, but we do not recommend it as a primary solution.

Traveler's Checks & Israel Bonds

Participants should NOT travel with traveler's checks or Israeli bonds. Since our staff collects participant passports at the start of the program, it is very difficult to retrieve them in order to cash traveler's checks. For the same reason, parents should not expect to be able to send money orders to Israel (e.g. Western Union) if more money is needed.

ABOUT LOCAL CURRENCIES

In Israel, the local currency is the New Israeli Shekel (NIS). Each shekel is worth about 25 United States cents. Shekel coins come in units of 1 (~25 cents), 2 (~50 cents), 5 (~\$1.25), and 10 (~\$2.50) as well as much smaller coin denominations. Shekel bills come in units of 20 (~\$5), 50 (~\$12), 100 (~\$25) and 200 (~\$50) denominations. In Poland, the national currency is the Zloty – with one Polish Zloty currently worth approximately 35 United States cents. One important thing to keep in mind is that coins in Israel and in Europe come in much higher values than what we are used to in North America. Practically speaking, this means you need to watch your coins carefully. Finally, it's worth noting that the values of foreign currencies are constantly changing, and it's a good idea to check the values again right before your trip to get the most up-to-date information.

VI. PACKING FOR THE TRIP

LUGGAGE ADVICE

Packing for a travel-based program can be a challenge. On the one hand, you do not want to pack too many things or else you will get weighed down schlepping your heavy luggage on/off the bus and to/from your hotel room. On the other hand, we only have one scheduled laundry opportunity over the course of the 14-day program, so you definitely do not want to pack too little either. We recommend that you bring one main piece of luggage (duffel bags and rolling suitcases work best) and one full size carry-on bag. Be sure to bring at least one change of clothes, toiletries, and any prescription medicine in your carry-on bag in the unlikely event that your checked luggage gets delayed. All participants will be provided with program luggage tags (two per person), which we encourage you to use. It is also a smart idea to attach some kind of easy identifier such as a colored ribbon to your checked luggage as well.

PACKING ADVICE

When deciding what to bring on the trip, the most important thing to keep in mind is the weather. In Poland, the temperature in April can range from the 40's to the 70's, and rain comes frequently. The March of the Living will provide a hooded jacket which you are encouraged to wear. In Israel the weather will be warmer and may range from the 50's to the 80's. The good news is that in most areas of Israel the heat is dry – there is very little humidity. So the higher temperatures may feel more





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comfortable than what you are used to at home. The other good news is that the chance for rain is very small in Israel during the late spring. Finally, in Israel, the evenings tend to get chilly quickly – frequently into the 50's. With this in mind, here are some practical packing tips to consider:

- Whenever we plan to be outside for an extended period of time, participants will be required to have a hat, a shirt with sleeves, sunscreen, and water. Over-exposure to the hot Israeli sun can cause heatstroke, dehydration, and sunburns, so this rule is an important one and strictly enforced.
- Because the evenings turn cool quickly, and we will not always be able to return to the hotel to change before an evening activity, it's important to always bring a day-pack with you on the bus with a windbreaker, long-sleeved shirt, or light sweater. All participants will be provided with a lightweight BBYO Passport daypack on arrival at JFK Airport.
- Be sure to pack comfortable walking shoes. We will be doing a lot of walking, and having comfortable shoes will go a long way. Flip flops are never a good idea when we are on the move.
- In Israel, we will be visiting some religious sites such as the Western Wall in Jerusalem where "modest" clothing is more appropriate. As long as your shoulders, knees, (and midriff) are covered at these sites, you will be fine.
- Finally, to create a more special Shabbat atmosphere, it is tradition to wear clothing on Friday nights and Saturday days that is nicer than what we wear the rest of the week. Of course, Israel is a casual country, so we are talking about nothing more than "casual dressy" clothing.

Special items that we recommend

- Toilet paper (sometimes not available at rest stops)
- Mini packages of Kleenex, chapstick, and anti-bacterial soap or wipes
- Sunglasses, sunscreen and hat
- Flashlight
- Gardening gloves for cemetery project in Poland
- Large plastic bag for clothing that gets wet
- Travel alarm clock,
- 5-6 tea candles for memorial ceremonies
- Camera

What we do not recommend

- Linens and pillows
- Luggage that is not easily carried
- Expensive jewelry or other valuables





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- Heavy backpack
- Hiking boots
- Laptop or expensive electronics

**While we encourage you to bring an MP3 player and basic electronic camera, please remember to bring appropriate electricity converting devices so that you do not “fry” your devices. Also please pay special attention to keeping such valuable items in a safe place at all times. BBYO Passport and its tour providing partners are not responsible for any lost or stolen items. Participants are responsible for their possessions and valuables at all times.*

LAUNDRY ON THE TRIP

A special laundry service will be pre-scheduled shortly after arrival in Israel. Laundry is done on an individual basis by participants. Participants can expect to pay approximately \$10-\$12 per load (Israeli shekels only) depending on the weight of the clothing. Participants will be given laundry bags to fill, and your cleaned clothing will be returned in those same bags. We encourage participants to pair up as a room when doing laundry so that whites and colors are combined in separate loads. Finally, participants should be sure to label clothing in advance that will be sent to the laundry service. BBYO Passport and its tour providing partners are not responsible for any clothing lost or damaged by the laundry service.

VII. MEDICAL INSURANCE AND TRAVEL INSURANCE

MEDICAL INSURANCE DURING THE TRIP

BBYO Passport program fees include basic medical insurance that covers treatment and medication of any non pre-existing medical conditions. What this means is that the policy covers treatment for issues like a stomach bug, a broken limb, or dehydration without any out-of-pocket expenses or paperwork. The policy does not cover any medical conditions for which a participant is already being treated for or for which treatment has been received in the past. This exclusion rule also applies to any psychological care. For this reason, participants are required to come on the program with their own medical insurance policy which includes coverage for short term travel abroad. In the event that a participant needs to be treated for a pre-existing condition during the program, the parents of the participant will be solely responsible for any associated costs.

TRAVEL INSURANCE

BBYO Passport has arranged for a discounted group travel insurance policy with Travel Insurance International. We can tell you from experience that a traveler’s insurance policy is extremely valuable in situations such as:

- Cancellation due to personal illness or family illness





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- Cancellation of a connecting flight due to weather delays, etc.
- Medical insurance coverage for pre-existing conditions (BBYO Passport's included medical insurance policy does not cover pre-existing conditions)
- Lost/damaged luggage and theft protection

The actual travel insurance policy fees vary according to the cost of the program (including any domestic flight costs). All of these details as well as plan coverage information is available online for your review at <http://passport.bbyo.org/enrolled/insurance/>.

To purchase the group travel insurance policy, go to <http://passport.bbyo.org/enrolled/insurance/>. The deadline to buy travel insurance for March of the Living is February 28, 2011.

For additional questions, please contact Dani Eisenstock, the insurance company representative, at 1-888-747-3773 or by email at dani@travelinsuranceisrael.com.

VIII. GENERAL PRE-TRIP TIPS

ELECTRICAL CURRENT

The electrical current in Israel and Europe is 220 volts, which is twice the voltage used in North America. The electrical plugs also are different, with two rounded prongs that are separated slightly further apart than their two North American flattened counterparts. Therefore, you will need a voltage converter if you are bringing electronic or electrical items (unless they have a built-in one) as well as an adapter for plugging in your items. If you are unsure of which plugs to purchase, check with your local electronics or travel store.

KASHRUT & SPECIAL DIETARY NEEDS

All meals provided by the program, including those aboard the flights, are kosher as certified under the supervision of Israel's official local Rabbinate. People with special dietary situations (i.e. lactose intolerance, vegetarian, etc.) should contact the BBYO Passport office in advance to make proper arrangements for the flight and during the program.

NOTE: Some participants on this year's March of the Living are allergic to nuts, and we are asking all participants to not bring or purchase snacks containing nuts accordingly.

MEDICATION AND CONTACT LENSES

If you are taking prescribed medication, bring enough for the duration of the program as well as an extra written prescription record in case you misplace/lose your medicine. Take all medication on the plane with you in your hand luggage. Do NOT pack any medication with your checked-in luggage. The





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same is true for contact lenses. Be sure to check TSA's restrictions on traveling with medication and liquids at: <http://www.tsa.gov/travelers/airtravel/prohibited/permitted-prohibited-items.shtm>.

Participants are responsible for taking their own medication during the trip. Keep in mind that while staff has a list of all medications taken by participants, staff members will not legally be allowed to assist in administering any medication for participants. If you have special requests (i.e. refrigeration requirements), please note them on your health forms and feel free to contact the office as well to confirm. Finally, please be advised that participants are never allowed to share, dispense, or sell medication. Violation of this policy is grounds for program dismissal.

MUSICAL INSTRUMENTS

If you are musically inclined and willing to bring your instrument to Poland and Israel (with all of the hassle and risks involved in flying with it), by all means, feel free to do so. There will be plenty of occasions to show off your skills. Please just remember that as with any other valuable item, bringing an instrument on the program is done at your own risk of loss or damage.

VALUABLES

Theft is not uncommon in any place where a large number of tourists congregate, and there have been many instances in both Israel and Europe in the past. Accordingly, we encourage you to leave items of value at home and to carefully keep track of anything valuable that you do bring on the program. As a general rule, hotel rooms should always remain locked. However, even a locked hotel room should not be considered a secure area unless a locked safe is available. If it is possible to bring a locking suitcase*, we recommend it, although it is not a solution by itself. Participant property is the sole responsibility of the participant.

**Note: If you do bring a suitcase that locks, remember not to lock it for the flight unless it is a TSA friendly-lock!*

VACCINATIONS

There is no need for vaccinations or immunizations against diseases prior to visiting Israel or Europe beyond the normal vaccinations routinely received against childhood diseases in North America. Please make sure that you have up-to-date tetanus shots.

WATER

Proper hydration is essential during a trip of this nature. Expect to be drinking at least two large bottles of water a day (more in the desert in Israel!). You can expect that the staff will be constantly reminding you to drink, drink, drink!! But ultimately you must take this responsibility on your own shoulders. The water in Israel and Europe is properly treated and is perfectly safe to drink. Some North Americans find that it has a "taste". Bottled water is widely available and inexpensive, and you will have many opportunities to purchase it. Similarly you will be able to refill your own water bottles





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with tap water frequently. If you would like to get fancy, you can always bring a Camelback type hydration device. If you do, make sure it is the kind that can hold at least two full liters of water. Participants will not be allowed off the bus without full water bottles!

IX. PROGRAM RULES

BBYO Passport has high standards and expects a great degree of self-discipline. While our staff is professionally trained to deal with issues relating to individuals and to the group as a whole, please remember that BBYO is a leadership-based program that places trust and responsibility on participants. By signing the Teen and Parent Release Forms each participant has agreed to abide by the BBYO Code of Conduct, which we encourage you to review prior to the start of the program (See: Appendix I). These rules go into effect at the airport prior to the departure of the group flight and extend throughout the program.

DISCIPLINARY APPROACH

For the sake of creating safe and successful program experience, BBYO Passport has established a series of disciplinary rules and procedures. Each disciplinary situation is evaluated individually, but as a general rule, infractions related to physical violence, inappropriate sexual behavior, drugs/controlled substances, alcohol, and leaving the group without authorization are dealt with on a zero-tolerance basis. A single infraction will result in immediate separation from the group and dismissal from the program. BBYO Passport staff reserves the sole right to make these decisions, and there may also be further consequences for BBYO members within their local regions after returning to North America. In the event of a program dismissal, the parents of a dismissed participant will be solely responsible for all associated fees, including the cost of a flight chaperone if necessary. No portion of the program fees will be refunded. Given the international nature of the program, the consequences of dismissal are extremely serious, embarrassing, and costly. It is our sincere hope that no one will need to be expelled from a BBYO Passport program this summer, and accordingly, we encourage parents and teens to discuss this matter carefully together before the start of the program.

There is also a range of other potential disciplinary issues which are dealt with through a series of steps which may involve but are not limited to a personal conversation, a warning, loss of free time or other privileges, formal program probation, and ultimately dismissal. Again, BBYO Passport staff reserves the sole right to make decisions related to behavioral conduct. Any specific follow-on questions related to disciplinary rules & regulations should be directed to the BBYO Passport's Sr. Program Director, Lane Schlessel (lane@passport2theworld.org).

GENERAL DISCIPLINARY GUIDANCE

The following is a very partial list of infractions resulting in disciplinary consequences:

Curfew & Rooming Rules



BBYO Passport to the World • 5185 MacArthur Blvd, NW #640 • Washington, DC 20016
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To fully appreciate the program, a good night sleep is essential. A curfew will be enforced at the discretion of trip staff. Participants are expected to abide by these curfew rules. Hotel rooms are assigned on a single-gender basis, and participants of the opposite sex are not allowed to be in the same hotel room at any time during the program.

Drugs & Alcohol

Possession of drugs and/or alcohol will not be tolerated on any BBYO Passport program and will result in immediate dismissal. Moreover, it is the policy of BBYO Passport to allow the police and justice departments of the respective countries visited to prosecute when infractions have occurred without intervention by BBYO Passport. This is also the policy of the US State Department.

NOTE: BBYO Passport staff reserves the right to administer a breathalyzer test and/or search any participant's belongings or room at any time during the course of the trip.

Leaving the Program without Authorization

As part of our general approach to safety and security, participants on all BBYO Passport programs are not allowed to leave the supervision of the program without specific authorization. There will be occasions for limited free time with travel buddies in specific areas that are deemed secure by program staff. But the general rule is that there is no leaving the program at any time and for any reason whatsoever during the day or at night. Leaving the program without specific staff authorization is grounds for immediate dismissal.

Smoking

BBYO Passport policy does not allow for smoking of any kind by participants regardless of age – including water pipes (i.e. hookah pipes). The purchase or possession of smoking paraphernalia is also not allowed on the program.

Tattooing & Piercing

Such activities are forbidden during the program. Tattooing and piercing can be unsafe in foreign countries, and any resulting medical complications would not be covered under the program medical insurance policy.

Respect for Property

It is the expectation of BBYO Passport that participants will behave responsibly and with respect regarding belongings and property throughout the program. Should property be damaged or defaced by a fellow participant, those responsible will be held accountable for payment of damages.

Social Cohesion

BBYO Passport treats each trip as an individual traveling community. We believe in the unique power of a group experience as opposed to a collection of individual experiences. As a member of a





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traveling community, each participant has a responsibility to treat his/her fellow participants with respect and decency. Our aim is to create an atmosphere where everyone on the program is made to feel welcomed and comfortable, and each participant plays a role in making this possible.

Timeliness & Cooperation with Program Staff

Behind the scenes of each BBYO Passport program is a complicated logistical plan which requires us to keep to an exact schedule. Staying on schedule requires the cooperation of every participant. It means waking up in the morning on time, not wandering from the group, and respecting the overall schedule of the program. The consequence of being late is that elements of the program will be cancelled. It is our goal to share as much of Israel and the world with you as we can, and we need every participant's cooperation to enable the program to be complete.

X. PROGRAM ITINERARY

The following is a projected itinerary for the 2011 March of the Living. The final itinerary is subject to some change and the order of each day will vary according to bus group.

Wednesday, April 27 / Depart for Poland

- Depart from JFK Airport at 5:40pm EST
Meet at 1:00pm for orientation and check-in

Thursday, April 28 / Treblinka

- Arrive to Warsaw in the morning
- Travel to Tykochin and Treblinka Death Camp
- Return to Warsaw in the evening
- Overnight: Novotel Centrum Hotel, Warsaw

Friday, April 29 / Warsaw

- Visit to the remains of the Warsaw Ghetto
- Service project in the Jewish Cemetery of Warsaw Cemetery
- Kabbalat Shabbat services in Nozyk Synagogue
- Overnight: Novotel Centrum Hotel, Warsaw

Saturday, April 30 / Shabbat in Warsaw

- Shabbat services at hotel
- Walking tour of old Warsaw district
- Evening: Havdallah service and evening activities
- Overnight: Novotel Centrum Hotel, Warsaw

Sunday, May 1 / Auschwitz & Birkenau

- Depart from Warsaw and travel southwards
- Ceremony at Oswiecim Synagogue – on the outskirts of Auschwitz
- Visit to the grounds of Auschwitz and Birkenau





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- Travel to Krakow and check-in to hotel
- Evening: Survivor Panel Program
- Overnight: Conrad Hotel, Krakow

Monday, May 2 / The March of the Living

- Explore Krakow's Jewish Quarter
- Tour of Plaszow work camp
- Return to Auschwitz for the March of the Living
- Overnight: Conrad Hotel, Krakow

Tuesday, May 3 / Lublin & Majdanek

- Checkout of hotel and travel north towards Warsaw
- Explore the Jewish history of Lublin and visit to the Majdanek death camp
- Arrive back to Warsaw for check-in to overnight flight to Israel

Wednesday, May 4 / The Founding of Modern Israel

- Welcome breakfast at Palmachim Beach
- Machon Ayalon / Palmach Museum (split groups)
- Recount the founding of the State of Israel at Independence Hall
- Travel to Jerusalem – Haas Promenade welcome ceremony
- Check-in and rest at hotel
- Evening: Night visit to the Kotel
- Overnight: Caesar Hotel, Jerusalem

Thursday, May 5 / Masada & Dead Sea!

- Travel to the Judean Desert
- Morning climb to Masada at sunrise
- Floating at the Dead Sea's Ein Bokek beach
- Hike to Ein Bokek desert springs
- Return to Jerusalem in the afternoon
- Optional visit to Mahane Yehuda marketplace
- Overnight: Caesar Hotel, Jerusalem

Friday, May 6 / Leadership & Social Change

- Return to Tel Aviv in the morning
- Diasporah Museum at Tel Aviv University
- Shopping at Nahalat Binyamin and the Carmel Market
- Exposure to the "Other Israel" in Tel Aviv
- Beach time in Tel Aviv and return to Jerusalem to prepare for Shabbat
- Kabbalat Shabbat in the Old City
- Overnight: Caesar Hotel, Jerusalem





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Saturday, May 7 / Shabbat in Jerusalem

- Shabbat services at local synagogues
- Walking tour of Nachlaot neighborhood
- Picnic style after at Gan Saker and the Rose Garden
- Evening: DJ party in the forest outside of Jerusalem
- Overnight: Caesar Hotel, Jerusalem

Sunday, May 8 / Exploring the Carmel Mountains

- Service project at the Yemin Orde Youth Village in the Carmel Mountains
- Shopping and lunch at Ein Hod artists colony in the Carmel Mountains
- Ceremony at the Hannah Szenes Memorial at Kibbutz Sdot Yam beach
- Return to Jerusalem in the late afternoon
- Evening: Yom HaZikaron ceremony organized by Tzamerret
- Overnight: Caesar Hotel, Jerusalem

Monday, May 9 / Yom HaZikaron (Memorial Day)

- Mt. Herzl National Memorial
- Explore the campus and public memorials at Yad VaShem
- Geo-political tour of Jerusalem – The Seam, the Wall & the Future (including Ammunition Hill)
- Evening: Celebrate Yom HaAtzmaut at Ben Yehuda Street
- Overnight: Caesar Hotel, Jerusalem

Tuesday, May 10 / Yom HaAtzmaut (Independence Day)

- Old City Options: Davidson Center/Southern Walls, Herodian Mansions or City of David
- Shopping at the Cardo and final Kotel visit
- Re-join with groups from around the world for the March in Jerusalem
- Final celebration at the March of the Living's Central Event
- Return to airport for late night flight

Wednesday, May 11 / L'Hitraot!

- Arrive back to JFK Airport at 5:30am
Connecting flights from JFK should be booked no earlier than 8:30am

